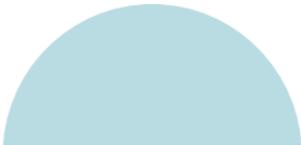


'MY FRIEND SAM CALLED ME A  
SPASTIC'

FRIEND OR FAKE?



Disability Sheffield  
Centre for Independent Living



Labels  
are for  
Jars, not  
People!



**SHEFFIELD  
VOICES**

